

School Group Information

Name of School: _____		Grades: _____
Mailing Address: _____		
Postal Code: _____	Phone: _____	Fax: _____
Arrival Date and Time _____		Depart Date and Time _____
Number of Students _____	Males _____	Females _____
* Student numbers must be confirmed a week before arrival. *		

Teacher Contact Information

Name: _____	Email: _____	Phone: _____
Name: _____	Email: _____	Phone: _____
Name: _____	Email: _____	Phone: _____

Trip Options (pricing is per student and all fees are subject to 13% HST)

Day Use - \$8.00

Includes the use of the Dining Hall, Lambton Sports Hall (unheated), Washroom Facilities, and all Outdoor Facilities including Picnic Area and Campfire.

Day Use + Programming - \$14.00

Includes everything in **Day Use** plus up to 6hrs of programming including appropriate facilities for programming. *Please make program selections on the attached page.*

Extended Day Use + Programming - \$20.00

Includes everything in **Day Use** plus up to 8hrs of programming including appropriate facilities for programming. *Please make program selections on the attached page.*

Overnight + Programming

For groups interested in an overnight event, planning and costing would be arranged on a group by group basis depending on the size of the group and facilities needed.

Safety First

- ✓ Lambton Centre is accredited by the Ontario Campers Association and the United Church of Canada to ensure the highest quality of programming and safety.
- ✓ Lambton Centre is committed to ensuring safety in all the programs we offer. All of the equipment used in our Low Elements Challenge course are inspected annually by Adventure Works Associates Inc., who specialize in installing, inspecting and training for our program.
- ✓ Each year summer staff are trained in all the safety procedures for every activity offered at Lambton Centre.
- ✓ All Staff are First Aid certified and have provided a Vulnerable Sector Police screening check.
- ✓ Lambton Centre carries \$5 Million liability coverage. (Certificate available upon request.)

Programming Options

Please mark the programming options that you would like for your class. A typical day trip will be able to have 3 or 4 programs offered. For additional information, please contact the Executive Director.

Instincts for Survival – Students will learn about the natural balance of nature and the challenges that all animals face. Each child plays the role of a specific animal. Participants will learn about the food pyramid and the impact then disease, elements and humans can have on an animal's life.

Archery – Safety is our number one priority at our Archery Range. Students will learn the parts of a bow and arrow, how to properly load and shoot the arrow. Students will then take turns developing their archery skills on the range.

Teamwork and Teamplay – Lambton Centre has a number of unique group challenges that will require your students to work together to solve a problem. Students will be encouraged by the camp staff to think about how they are communicating and how to involve all members of their group in the problem solving. A short debriefing after they have solved or attempted to solve the problem will allow them to see that sometimes it's the group process that's important, not success or failure at solving the challenge.

Low Elements Challenge Course – This program uses low ropes and other challenge stations to develop team building and leadership skills with participants. This session offers a natural progression of challenges for the group to work through. The Challenge course can be tailored to any age or skill level.

Nature Discovery – Students will explore the diverse and unique ecosystem of Lambton Centre, including Carolinian forest, ravine woodlot, wild flower meadow, and marshy waterfront.

Geo-Caching – A high-tech treasure hunt. The students will be armed with handheld GPS units. They will then receive coordinates to a series of caches. Find the caches, solve clues and find your way to the final mystery treasure.

Wild and Wacky Water Games – Time to get silly! Cool off by playing "Splish Splish Spash", "Tank", "Slipball" or one of many more games. Bring your bathing suit and towel ... the wetter the better.

Craft of the Day – Cutting, Pasting, Embroidering, Sculpting ... you name it... you can do it at our Creation Station! Teachers will preselect from a list of age appropriate craft options and let the creativity run wild.

Mountain Biking – Explore Lambton Centre's diverse ecosystem on bike. With over 5 km of trails, riders will enjoy a bike adventure as they peddle through the woods, fields and along the water front. Due to the size of our bikes, this activity is best suited for grades 5 and higher. Tour groups of under 25 at a time.

Links to Leadership Program – Designed for Grades 7/8 and High School Students, this program incorporates full use of the low elements challenge course and many active initiative challenges to inspire strategizing, delegation, managed risk taking and group organization. From solving the 'people mover' to traversing the initiative wall, each activity challenges the group to work together and be creative.

** These activities are the typical packages picked by groups, for a more custom schedule to fit your needs, please contact the Executive Director.*

Other programming options may be available. Campfires and Wide Games are whole group activities that can be easily worked into your schedule. We would love to hear what your students are currently learning in school so we may plan games and activities to incorporate that. Please contact the Summer Camp Director for more options.

OFFICE USE ONLY – OFFICE USE ONLY – OFFICE USE ONLY – OFFICE USE ONLY – OFFICE USE ONLY – OFFICE USE ONLY – OFFICE USE ONLY

Payment: \$ _____ Date: _____ Invoice: # _____

Sample Program Layouts

Day Use + Programming

9:30 AM	Arrival and Welcoming
10:00 AM	Session # 1
10:50 AM	Water Break
11:00 AM	Session # 2
12:00 PM	Lunch
12:30 PM	Session # 3
1:20 PM	Session # 4 or Large Group Activity
2:30 PM	Departure

These formats are examples only and can be adapted to the needs of the individual group. Session lengths will last between 45 min and 90 min depending on arrival and departure times.

Groups are usually divided into smaller groups of 10-15 and programs may run on a circuit where participants rotate through the different activities offered.

Prior to arrival for your adventure at Lambton Centre a schedule for the day will be provided to the group coordinator.

Extended Day Use + Programming

9:30 AM	Arrival and Welcoming
10:00 AM	Session # 1
10:50 AM	Water Break
11:00 AM	Session # 2
12:00 PM	Lunch
1:00 PM	Session # 3
1:50 PM	Water Break
2:00 PM	Session # 4
3:00 PM	Break / Free Time
3:30 PM	Large Group Activity
5:00 PM	Dinner + Free Time
6:30 PM	Session # 5
7:45 PM	Session # 6
8:30 PM	Departure

Overnight + Programming

9:30 AM	Arrival and Welcoming
10:00 AM	Session # 1
10:50 AM	Water Break
11:00 AM	Session # 2
12:00 PM	Lunch
1:00 PM	Session # 3
1:50 PM	Water Break
2:00 PM	Session # 4
3:00 PM	Break / Free Time
3:30 PM	Large Group Activity
5:00 PM	Dinner + Free Time
6:30 PM	Session # 5
7:45 PM	Session # 6
9:00 PM	Campfire
9:45 PM	Cabin Time / Bed
8:00 AM	Breakfast / Cleanup
9:30 AM	Departure